

MOULAGE KIT

Items in Kit

1. Video - 3-Minute Video showing how to create a wound with the kit – For schools the video is on the included USB Drive (yours to keep as our thank you for helping!). The video is also available at this link: <https://www.youtube.com/watch?v=ciaMaet2dEI> for easy sharing. For hospitals the video is also located on the KETHC website on the Training and Exercise page.
2. Drop cloth – Lay down before applying make-up to protect carpet, tables, etc.
3. Skin – Watch video on USB drive to see how to apply “skin” to real skin using Vaseline and makeup to make a wound
4. Cocoa powder – Add extra cocoa powder to “skin” to darker “skin” for individuals with darker skin tone
5. Vaseline – Used to attach “skin” to individual’s actual skin
6. Q-tips – for application of makeup
7. Makeup sponge wedges – For application of makeup
8. Makeup Tubes – One of each – red, green, black, white, blue
9. Tongue depressors/Popsicle sticks – for creating broken bone injuries – there is not instructions on this but you can find videos online if you need assistance
10. Blood – Liquid fake blood to be added on-site right before exercise

NOTE: Please make sure to remind actors to wear clothing which they can throw away afterward since it may need to be ripped to apply injuries.

Volunteer Safety & Comfort

- Confirm there are no known allergies.
- If volunteer gets pale or shows adverse reaction - stop and remove moulage
- Ask during application if they are alright – if there is any problem at all, stop and remove moulage
- Make sure all items needed for moulage are ready before seating volunteer

Items not in kit, but which may be helpful to have on hand

1. Paper towel roll and/or wet wipes for clean-up
2. Plates (paper, plastic, glass, etc) for putting make-up creams on for ease of use
3. Extra “skin” – You can mix up your own skin with these three ingredients if you think you would like to have more – recipe is below
 - a. Petroleum jelly
 - b. Cornstarch
 - c. Cocoa powder
4. If you think you will need any duplicates of the items in the kit, all are available at places such as Party City, WalMart (during Halloween season), and other stores.
5. Latex-type gloves (to keep hands clean while applying make-up)
6. Mirror (for actor to view wound(s) if on face or hard-to-view area)
7. Hair clips/bobby pins/safety pins to secure hair and clothing from wound site
8. There are a lot of additional injuries you can make – online videos provide easy step-by-step methods if desired

“Skin” Recipe

In a **large** bowl, mix together **all** of (2) 13 oz. jars of petroleum jelly, (3) 16 oz. boxes of corn- starch, and 2 - 6 tablespoons cocoa powder (depending on darkness of color desired). These ‘homemade’ kits have one bowl of the lightest (2 T. cocoa powder) and one bowl of the darkest (6 T. cocoa powder). You don’t want it too sticky nor too dry. Best to mix the cocoa powder into the cornstarch before adding the petroleum jelly. You can begin mixing with a spatula, but eventually will need to use rubber gloves and knead with both hands to get it all totally mixed.